General Safety Information

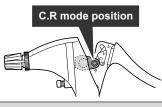
A WARNING

- To avoid serious injuries:

It is important to completely understand the operation
of your bicycle's brake system. Improper use of your
bicycle's brake system may result in a loss of control
or an accident, which could lead to severe injury.
 Because each bicycle may handle differently, be sure
to learn the proper braking technique (including brake
lever pressure and bicycle control characteristics) and
operation of your bicycle.

This can be done by consulting your professional bicycle dealer and the bicycle's owners manual, and by practicing your riding and braking technique.

- If the front brake is applied too strongly, the wheel may lock and the bicycle may fall forward, and serious injury may result.
- The SB-8S20/ST-8S20/SB-7S45/BL-IM60/BL-IM65/BL-IM45 brake levers are equipped with a mode switching mechanism. Be sure to use the BR-IM81-R, BR-IM80-R, BR-IM55-R, BR-IM45-R with the mechanism in the C.R. mode position.



The C indicates the mode position for compatibility with cantilever brakes. The R indicates the mode position for compatibility with roller brakes.

When securing the brake arm to the frame, be sure
to use a brake arm clip that matches the size of the
chainstay, and securely tighten them with the clip
screw and clip nut to the specified tightening torque.
 Use a lock nut with a nylon insert (self-locking nut) for
the clip nut. It is recommended that standard Shimano
parts be used for the clip screw, clip nut and brake
arm clip.

In addition, use a brake arm clip that matches the size of the chainstay.

If the clip nut comes off the brake arm, or if the clip screw or brake arm clip becomes damaged, the brake arm may rotate on the chainstay and cause the handlebars to jerk suddenly, or the bicycle wheel may lock and the bicycle may fall over, causing serious injury.

- Obtain and read the service instructions carefully prior to installing the parts. Loose, worn, or damaged parts may cause serious injury to the rider.
 We strongly recommend only using genuine Shimano replacement parts.
- Always make sure that the front and rear brakes are working correctly before you ride the bicycle.
- If the road surface is wet, the tires will skid more easily. If the tires skid, you may fall off the bicycle. To avoid this, reduce your speed and apply the brakes early and gently.
- Read these Technical Service Instructions carefully and keep them in a safe place for later reference.

A CAUTION

- To avoid serious injuries:

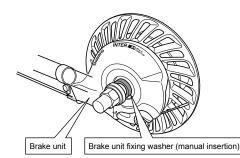
When using the Shimano Inter-M brake system, avoid continuous application of the brakes when riding down long slopes, as this will cause the internal brake parts to become very hot, and this may weaken braking performance. It may also cause a reduction in the amount of brake grease inside the brake, and this can lead to problems such as abnormally sudden braking.

The design of the Shimano Inter-M brake system has been carried out based on standards such as ISO 4210 and DIN 79100-2. These standards specify the performance for an overall weight of 100 kg. However, BR-IM81-R is designed with the overall weight assumed to be 130kg. If the overall weight exceeds 100 kg (130kg for BR-IM81-R), the braking force provided by the system may be insufficient for correct braking, and durability of the system may also be reduced.

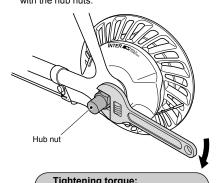
2. In order to get the best performance from the Shimano Inter-M brake, be sure to use Shimano brakes cables and brake levers as a set.

The amount of movement of the inner cable must be 14.5 mm or more when the brake lever is depressed. If it is less than 14.5 mm, braking performance will suffer, and the brakes may fail to work.

- **3.** If the hub nuts are cap nuts, use a frame with dropouts that are at least 7 mm thick.
- 4. Check that the brake unit is firmly secured to the hub with the brake unit fixing washer.



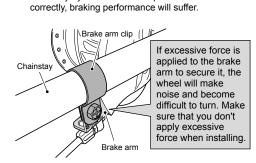
5. Check that the wheel is fixed securely to the frame with the hub nuts.



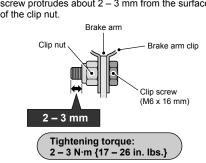
Tightening torque:
30 – 45 N·m {261 – 392 in. lbs.}

6. Check that the brake arm is securely fastened to the

chainstay by the brake arm clip. If it is not installed



When installing the clip screw, securely hold the clip nut with a 10 mm spanner while tightening the clip screw. After tightening, check that the clip screw protrudes about 2 – 3 mm from the surface of the clip nut.

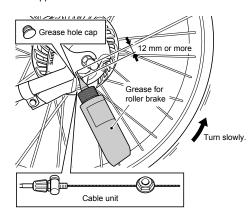


If any of the following occur while using the brakes, stop riding immediately and ask the place of purchase to carry out inspection and repairs.

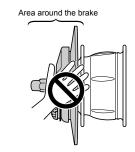
- If abnormal noise is heard when the brakes are applied
- 2) If braking force is abnormally strong3) If braking force is abnormally weak

In the case of 1) and 2), the cause might be not enough brake grease, so ask the place of purchase to grease the mechanism with special roller brake

Before applying grease, be sure to remove the cable unit. Then, remove the grease hole cap and press-fit the tube into the back of the hole 12 mm or more, and apply the appropriate amount of grease (approx. 5g) while turning the wheel slowly. After application, check that braking is properly applied and that no abnormal noise is heard.



8. If the brake is used frequently, the area around the brake may become hot. Do not touch the area around the brake for at least 30 minutes after you finish riding the bicycle.



- **9.** If the brake cable becomes rusted, braking performance will suffer. If this happens, replace the brake cable with a genuine Shimano brake cable and re-check the braking performance.
- **10.** The brake unit should never be disassembled. If it is disassembled, it will no longer work properly.

NOTE

- Use a wheel with 3x or 4x spoke lacing. Wheels with radial lacing cannot be used because the spokes and the wheel can be damaged when applying the brakes and brake noise can be generated.
- The Inter-M brake is different from conventional brakes in that the inside of the brake drum is filled with grease. This may cause the turning of the wheel to be slightly heavier than usual, particularly in cold weather.
- Parts are not guaranteed against natural wear or deterioration resulting from normal use.
- For maximum performance we highly recommend Shimano lubricants and maintenance products.
- For any questions regarding methods of handling or adjustment, please contact the place of purchase.

SI-8G80B-003

BR-IM81-R BR-IM80-R BR-IM55-R BR-IM45-R

Inter-M Brake

Technical Service Instructions

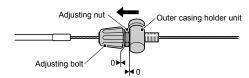


In order to realize the best performance from the Inter-M brake, we recommend that the following combinations be used.

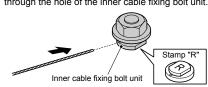
Brake	BR-IM81-R/BR-IM80-R BR-IM55-R/BR-IM45-R
Hub	SG-8R36/SG-8R31/SG-7R46
Lever	SB-8S20/ST-8S20/SB-7S45/ BL-IM60/BL-IM65/BL-IM45
Brake cable	SIAMANO MISYSTEM

Installing the brake cable

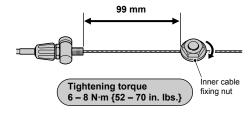
 After checking that the adjusting bolt and adjusting nut are fully tightened, insert the outer casing holder unit into the inner cable in the direction shown below.



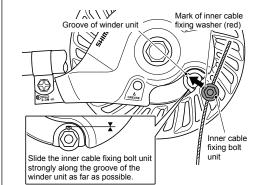
2. After checking that the stamp of the back side of the inner cable fixing bolt unit is "R", pass the inner cable through the hole of the inner cable fixing bolt unit.



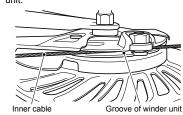
3. Place the components as shown in the following figure and tighten the inner cable fixing nut. At this time, if the TL-IM21 is used, it will be possible to mount the inner cable fixing bolt unit easily.



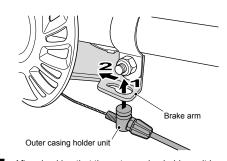
4. Align the mark of the inner cable fixing washer (red) with the direction of the groove of the winder unit, and insert the inner cable fixing bolt unit and slide strongly along the groove of the winder unit as far as possible.



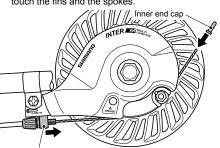
5. Route the inner cable along the groove of the winder unit



Insert the outer casing holder unit into the hole of the brake arm from underneath and slide it to the lower section of the hole.

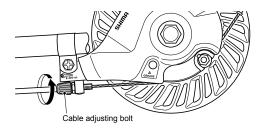


7. After checking that the outer casing holder unit is inserted as far as it will go into the guide slot in the brake arm, install the inner end cap. After this, set the inner end cap so that it does not touch the fins and the spokes.



Outer casing holder unit

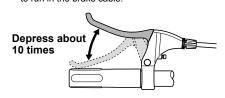
8. Turn the cable adjusting bolt to tighten the inner cable.



Installation of brake cable can be completed by the above procedure. When detaching the cable, perform in reverse order.

Adjusting the brake cable

1. After checking that the wheel does not easily turn while the brake cable is being pulled, depress the brake lever about 10 times as far as the grip in order to run in the brake cable.

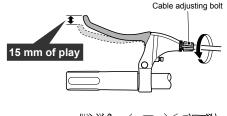


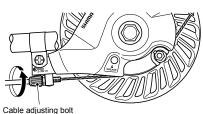
Note:

If the brake cable is not run in, it will need to be adjusted again after only a short period of use.

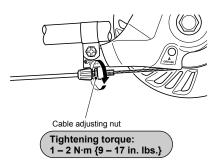
Turn the cable adjusting bolt of the brake unit or brake lever so that there is about 15 mm of play in the brake lever.

The amount of brake lever play is the distance from the position where the brake lever is not operated to the position where a force is felt suddenly when the brake lever is pulled.





3. After depressing the brake lever to check the braking performance, secure the cable adjusting bolt with the cable adjusting nut.



These service instructions explain how to use and maintain the Shimano bicycle parts which have been used on your new bicycle. For any questions regarding your bicycle or other matters which are not related to Shimano parts, please contact the place of purchase or the bicycle manufacturer.

SHIMANO

SHIMANO AMERICAN CORPORATION

One Holland, Irvine, California 92618, U.S.A. Phone: +1-949-951-5003

SHIMANO EUROPE B.V.
Industrieweg 24, 8071 CT Nunspeet, The Netherlands Phone: +31-341-272222

SHIMANO INC.

3-77 Oimatsu-cho, Sakai-ku, Sakai-shi, Osaka 590-8577, Japan

* Service Instructions in further languages are available at : http://techdocs.shimano.com

Please note: Specifications are subject to change for improvement without notice. (English)

© Sep. 2010 by Shimano Inc. AWS. Printed in China